## Cycling Holiday



# **Cardamom Trail**

4 Days









### **Trip Highlights**

- Spectacular cycling route from Munnar to • Periyar
- Undulating terrain through spice plantations
- Stay in camps and resorts
- Relaxed day at Periyar to visit the Tiger Reserve



### At a Glance

A spectacular ride through the Cardamom Hills from the mountains of Munnar to the Rain Forests at Periyar.

### **Distance Chart – Cycling**

Day I		25 Kms
Day 2		65 Kms
Day 3		42 Kms
Day 4	Depart	

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### Day 1: Munnar – Suryanelli

We will start at Munnar, the tea town situated at over 1500m. We will take the winding estate roads through the tea gardens and forest patches, through the Lockhart gap overlooking the spectacular Bison Valley deep down below. We will have lunch en-route and reach our destination at Suryanelli. We will spend the night in very comfortably furnished cottage tents at Suryanelli, after a sumptuous barbeque dinner by the camp fire.

Overnight accommodation at a Eco Lodge (B, L, D)

### Day 2: Vandanmedu

At dawn we will continue our biking around the beautiful Anaerangal Lake through the tea estates to Vandanmedu. We will pass through thick forests, cardamom estates and spice gardens that have made these cardamom Hills world famous. In the evening, check into the magnificent resort at Vandanmedu, set amidst a cardamom and tea estates.

Overnight accommodation at a hotel (B, L, D)

### Day 3: To Periyar

Our destination today is the short morning ride to Periyar passing through forests, tea gardens and spice plantations. We will reach the forests at Periyar by lunchtime where we can either relax or take off into the jungle. Periyar is one of the best wildlife reserves in India and has large herds of Asiatic elephants, Indian Bison as well as Tigers. For the ornithologists it has over 330 species of birds including the majestic Great Hornbill.

### Overnight accommodation at a hotel(B)

### Day 4: Depart after breakfast. End of tour.

### Inclusions

- Cycles
- Guide
- Accompanying vehicle
- Refreshments & mineral water while cycling
- Accommodation and most meals



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### Bikes: Trek/ Cannondale/ Merida

**Bike Hire:** Free. You may bring your own bikes, but in this case let us know in advance.

### **Bike Specifications**

Bike type: Trek/ Cannondale/ Merida Number of gears: 21-24 Brakes: V-Brakes Suspension: Front Pedals: Standard frame range: 13.5"- 19.5" Bike bag provided: No Water bottle holder provided: Yes Water bottle provided: No Adjustable handlebars: No Female saddles provided: No Gel saddles provided: No Option to fit own saddle: Yes Bar ends: No

### Things to carry on a Cycling Trip

- Casual Shirts / T-shirts
- Shorts
- Sunglass
- Sunscreen lotion (SPF minimum 35)
- Gloves
- Camera (optional)
- Warm clothes
- Waterproof jacket (during Monsoons)

### General Info

### Visas

<u>Visitors to India must obtain a Visa before departure</u>. For details and an application form please contact the local Indian Embassy or High Commission.

### **Airport taxes**

There are no airport taxes if you depart from Kochi International Airport. However, in some airports departure taxes are applicable - please check with your ticketing agent for more details.

### **Currency Exchange**

You can exchange your money at most major towns. ATMs are found in most towns. Credit cards are accepted only at major cities en-route during this tour.

### **Telephone and Internet Access**

You would have access to telephone and internet at most of the hotels. In case there are no internet access at the hotel, you would be able access it in the nearest town.

### Climate

The weather in South India is tropical - warm, humid and often wet. During the main monsoon, (July to October) there is heavy rain.

### Safety

You would be accompanied by a guide throughout the trip. The guides are experienced, trained in First Aid and fully qualified for the purpose of the tour. They would handle all concerns with regards to your safety and well being.

### Insurance

We recommended that you take your insurance that covers illnesses and accidents abroad.

